

ABSTRACT OF THE DISCLOSURE

There is disclosed a method of assisting the elimination of alcohol in a person in need of such treatment, which comprises the administration to such person of an effective amount of at least one compound having the formula (I)

$X-CH_2-CH(OY)_q(H)_{1-q}CH(NH_2^+)_{1-q}COO^-$ (I) and its addition

salts, wherein X represents a trimethylammonio group $(CH_3)_3N^+$ or a carbamoyl group $(CONH_2)$, Y is hydrogen or an acetyl (CH_3CO) group, and q is zero or one, provided that when X is a carbamoyl group q is zero, and when X is a trimethylammonio group. q is one.